

# TAKE THE PLEDGE. TAKE YOUR MEDS.

SCRIPT  
YOUR  
FUTURE<sup>x</sup>

## Did you know?

75%



3 out of 4 people do not take their medicine as directed

1/3



1 out of 3 people never fill their prescriptions

125K



125,000 people die every year due to non-adherence

## Reasons people don't take their meds



Don't understand how medicine works



Forget to take their medicine



Can't afford their prescriptions



Worry about side effects

## Your future depends on taking your meds

If you have a long term health problem and don't take your medicine as directed, you're putting your health and your future at risk. Talk to your doctor or pharmacist to make sure you understand your health problem and how your medicine can help. To take the pledge and get other helpful tips, text message reminders, videos, and more visit [ScriptYourFuture.org](http://ScriptYourFuture.org).

## Questions to ask your doctor/pharmacist

1. What's my medicine called and what does it do?
2. How and when should I take it? And for how long?
3. What if I miss a dose?
4. Are there any side effects?
5. Is it safe to take it with other medicine or vitamins?
6. Can I stop taking it if I feel better?

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**I WILL** take my meds.

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Script Your Future is a campaign of the National Consumers League.